



2024 USATF REGION 12
CHAMPIONSHIP

Combined Events
Southwestern University, Track and Field Complex
1001 E. University Ave., Georgetown, Texas 78626
Monday-Tuesday, 1-2 July 2024

Running/ Field Events
Seguin High School Matador Stadium
(1315 E Cedar St. Seguin, Texas 78155)
Thursday-Saturday, 4-6 July 2024



AGE DIVISIONS & ELIGIBILITY REQUIREMENTS: Age Divisions

8 & under born 2016+*
9 - 10 born 2014-2015
11 – 12 born 2012-2013

13 - 14 born 2010-2011
15 - 16 born 2008-2009
17 - 18 born 2006-2007**

* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

** Athletes who are born in 2005 are still eligible if they do not turn 19 before the final day of the USATF National Junior Olympic Track & Field Championships and are eligible to compete in the 17-18 age division through that meet. This extended eligibility does not apply to cross country events.

Individuals:

Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2024 members of USATF in good standing.

Relay Teams:

Only registered 2024 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated and members of that club as part of their USATF membership. Coaches ensure your athletes are listed and affiliated with your club in USATF connect. Visit <https://auth.sport80.com/saml/login>.

Entry Process:

Individual Entries: \$10.00 per event

Relay Entries: \$40.00 per relay team

Triathlon/Pentathlon: \$14.00 per event

Decathlon/Heptathlon: \$20.00 per event

Club Administrators and Unattached Athletes should register online at <https://www.athletic.net/team/67715/track-and-field-outdoor/2024> by Friday **June 28, 2024** at 12 PM CST. **Late entries will not be allowed, NO EXCEPTIONS!**

A Valid 2024 USATF Membership and Proof of Birth is required for participation. Before registering your athletes, please ensure that the Athlete's membership has been verified in the USATF Connect system. Information and tutorial video on how to add proof of birth can be accessed by visiting, <https://vimeopro.com/user44435707/usatf-connect-member-tutorials>, go to page 2, then click on "How to add athlete verification documents". **It is vital that an athlete has had his/her age verified in the USATF connect system BEFORE an entry will be accepted by Athletic.net**

Online registration opens **17 June 2024**. Fees must be paid online by the close of registration **28 June 2024**. Accuracy of data entered is the responsibility of each club, club administration, parent and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. Instructions for online registration process may be accessed by visiting, <https://support.athletic.net/article/z11f8f1jja-submitting-entries-for-a-meet>

Feel free to contact the Youth Chairmen to ensure verifications has been accepted in the USATF Connect system, if necessary.

Youth Chair: Alvin Weaver
Email: youth@texassouthern.usatf.org
Mobile: (512) 592-1396

WAIVERS:

All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

AWARDS:

USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

ADVANCEMENTS:

The top 5 athletes at the Region 12 Championships will qualify for the National Championships. The USATF National Youth Junior Olympics Championship will be held 22-28 July 2024 in College Station, Texas. The top three will receive Region 12 medals.

The top 2 athletes in combined events will qualify for JO National Championship.

EVENT CHECK-IN:

There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 30 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION WRISTBANDS:

All competitors must wear their wristbands throughout the meet. Wristbands will be a part of the check-in procedure and **NO** athlete will be allowed to participate without one. Lost wristbands will cost \$10.

EVENT RESULTS:

During competition, event results will be posted under the stands. In addition, event results will be posted on athletic.net as soon as the results are available.

IMPLEMENT WEIGH-IN:

Follow the signage to the weigh in area. They will begin at 7:00 am at each venue of event.

PROTESTS:

There will be a \$50.00 CASH ONLY fee for all protests. Protests must be submitted to the ticket booth no later than 30 minutes after result has been announced. The protest fee will be refunded if the protest is upheld.

RULES – CONDUCT & FACILITY:

Seguin ISD and USATF General Rules of Conduct is applicable to all Athletes, Coaches, Officials and Spectators during this event.

GATE ADMISSION FEES:

\$10.00 a person for non-competing athletes over the age of 5. Competing athletes will need wristbands to gain entry. Coaches who are listed on the USATF Coaches Registry list (USATF membership, passed the background check, taken the SafeSport class, & completed the education component) will also get a free entry wristband.

Event Point of Contact:

Name: Alvin Weaver

Phone Number:

Email: youth@texassouthern.usatf.org

Mobile: (512) 592-1396

Meet Director: Mr. Michael Wilson

president@texassouthern.usatf.org

Monday, July 1, 2024

8:00 AM

COMBINED EVENTS

(Implement Inspection begins at 7:00 am)

7:55 am National anthem marks the opening of the day

8:00 am

Heptathlon: 15-16 (Girls), 17-18 (YW)

100m Hurdles
High Jump
Shot Put
200 meters

Triathlon: 9-10 (Girls/Boys)

Shot Put (6lbs.)
High Jump
200 meters (Girls)
400 meters (Boys)

8:30 am

Decathlon: 15-16 (Boys), 17-18 (YM)

100 meters
Long Jump
Shot Put
High Jump
400 meters

10:00 am

Pentathlon: 13-14 (Girls/Boys)

80m Hurdles
Shot Put
High Jump
Long Jump
800 meters (Girls)
1500 meters (Boys)

Tuesday, July 2, 2024

8:00 AM

COMBINED EVENTS

(Implement Inspection begins at 7:00 am)

7:55 am National anthem marks the opening of the day

8:00 am

Pentathlon: 11-12 (Girls/Boys)

80m Hurdles

Shot Put (6lb.)

High Jump

Long Jump

800 meters (Girls)

1500 meters (Boys)

8:30 am

Decathlon: 15-16 (Boys), 17-18 (YM)

110m Hurdles

Discus

Pole Vault

Javelin

1500 meters

9:00 am

Heptathlon: 15-16 (Girls), 17-18 (YW)

Long Jump

Javelin

800 meters

9:30 am

2000m Steeplechase

11:00 am

Javelin (600g): 13-14 (Girls/Boys)

11:30 am

Javelin (600g): 15-16 (Girls), 17-18 (YW)

12:00 pm

Javelin (800g): 15-16 (Boy), 17-18 (YM)

12:00 pm

Hammer: 15-16 (Girls/Boys), 17-18 (YW/YM)

Thursday, July 4, 2024

8:00 AM

RUNNING EVENTS

(Rolling Schedule)

8:00 am National anthem marks the opening of the day

3000 Meters: 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)	F
200 Meters: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)	P
80m Hurdles (30"): 11-12 (Girls and Boys)	P
110m Hurdles: (36") 15-16 Boys, 17-18 (YM)	P
100m Hurdles: (33") 13-14, 15-16 (Girls), 17-18 (YW)	P
100 Meters: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)	P
4x400 Meters Relay: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)	P

FIELD EVENTS

(Implement Inspection begins at 7:00 am)

8:00 am

High Jump: 9-10, 11-12 (Girls)

Long Jump: 8-U, 9-10 (Girls and Boys)

- Girls- (Pit 1)
- Boy- (Pit 2)

Shot Put: 8-U, 9- 10, 11-12 (Girls and Boys)

- Girls- (Ring 1)
- Boys- (Ring 2)

9:00 am

Pole Vault: 13-14, 15-16 (Girls), 17-18 (YW)

11:00 am

High Jump: 9-10, 11-12 (Boys)

Long Jump: 17-18 (YW/YM)

Discus: 11-12, 13-14 (Girls and Boys)

Friday, July 5, 2024

8:00 AM

RUNNING EVENTS

(Rolling Schedule)

8:00 am National anthem marks the opening of the day

4x800m Relay: 11-12, 13-14, 15-16 (Girls/Boys), 17-18 (YW/YM)	F
200 Meters: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)	F
80m Hurdles: 11-12 (Girls and Boys)	F
110m Hurdles: (36") 15-16 Boys), 17-18 (YM)	F
100m Hurdles: (33") 13-14, 15-16 (Girls), 17-18 (YM)	F
800 Meters: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)	F
100 Meters: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)	F
200m Hurdles: (30"): 13-14 (Girls and Boys)	P
400m Hurdles: (30"): 15-16 (Girls), 17-18 (YW)	P
400m Hurdles: (36"): 15-16 (Boys), 17-18 (YM)	P
4x100-Meter Relay: 8-U, 9-10, 11-12, 13-14, 15-16 (G/B), 17-18 (YW/YM)	P

FIELD EVENTS

(Implement Inspection begins at 7:00 am)

8:00 am

High Jump: 13-14 (Girls and Boys)

Long Jump: 11-12 (Girls and Boys)

- Girls- (Pit 1)
- Boys- (Pit 2)

Shot Put: 13-14 (Girls and Boys)

Mini Javelin: 8-U, 9-10 (Girls)

9:00 am

Pole Vault: 13-14, 15-16 (Boys), 17-18 (YM)

11:30 am

Long Jump: 13-14 (Girls and Boys)

- Girls- (Pit 1)
- Boys- (Pit 2)

Discus: 15-16 (Girls), 17-18 (YW)

Mini Javelin: 8-U, 9-10 (Boys)

Saturday, July 6, 2024

8:00 AM

RUNNING EVENTS

(Rolling Schedule)

8:00 am National anthem marks the opening of the day

1500 Meter Racewalk: 9-10, 11-12 (Girls and Boys)

3000 Meter Racewalk: 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)

1500 Meters: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM)

4x100-Meter Relay: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys),
17-18 (YW/YM) F

400 Meters: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys), 17-18 (YW/YM) F

200m Hurdles: (30"): 13-14 (Girls and Boys) F

400m Hurdles: (30"): 15-16 (Girls), 17-18 (YW) F

400m Hurdles: (36"): 15-16 (Boys), 17-18 (YM) F

4x400 Meters Relay: 8-U, 9-10, 11-12, 13-14, 15-16 (Girls and Boys),
17-18 (YW/YM) F

FIELD EVENTS

(Implement Inspection begins at 7:00 am)

8:00 am

High Jump: 15-16 (Girls/Boys)

Long Jump: 15-16 (Girls and Boys)

- Girls- (Pit 1)
- Boys- (Pit 2)

Shot Put: 15-16 (Girls), 17-18 (YW)

Shot Put: 15-16 (Boys), 17-18 (YM)

Aero Javelin: 11-12 (Girls/Boys)

11:00 am

High Jump: 17-18 (YW/YM)

Shot Put: 15-16 (Boys), 17-18 (YM)

Discus: 15-16 (Boys), 17-18 (YM)

Triple Jump: 13-14, 15-16 (Girls), 17-18 (YW)

Triple Jump: 13-14, 15-16 (Boys), 17-18 (YM)

Order of Events: Youth divisions youngest to oldest, girls followed by boys, then young women followed by young Men.